



Designing Sustainable Working lives – Work, Health and Employability in Theory and Practice

Vortragsreihe «Arbeit und Gesundheit»

Abstract

Work-related ill health is costly for individuals, organizations, companies and societies. Occupational injuries and illnesses are particularly common among employees who have been exposed to risks in their working lives for a longer period of time, i.e. older employees. At the same time, old-age pensions are being delayed in many countries due to changing demographics, and more and more older employees will therefore remain in work until an older age in the future. It is therefore important to design working life for a sustainable working life journey so that more people are able to remain employable until an older age.

This lecture is based on the SwAge-model, the book *Designing Sustainable Working Lives and Environments*, and on research on the areas of influence and determination of whether people can and want to work or not, as well as what organizations and societies need to reflect on to create conditions for better employability throughout working lives

Termin und Ort

Montag, 10. November 2025 16:30 – 18:00 Uhr

Digital via Zoom <https://fhnw.zoom.us/j/69259485065>

Referent*in

Kerstin Nilsson is Professor, Associate Professor & Dr.Med.Sc. in Public Health, Epidemiology, and Associate Professor & PhD in Work Science. She works at Lund University and Kristianstad University in Sweden.

CV of Kerstin Nilsson:

<https://researchportal.hkr.se/en/persons/kerstin-l-nilsson>

SwAge-model:

<https://swage.org/en/>

Kontakt

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Weitere Informationen

www.psychosoziales-management.ch